

# Civic Club #26

YOLO COUNTY Volume 11.3 MARCH 2010



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## OFFICERS, BOARD OF DIRECTORS and CHAIRMANS for 2010

### OFFICERS

President Deanna Saracino  
Vice-President Debbie Baker  
2<sup>nd</sup> Vice-Pres Elizabeth Kemper  
Secretary Marianna Paris  
Treasurer Terri White  
Marshall Lorna Souza  
State Director Annamarie Barros  
Alt. State Dir. Arlene Amaral  
State Historian Arlene Amaral

### CHAIRMAN

Americanization Darlene DeAnda 530-662-5117  
Scholarship Arlene Amaral 530-662-0377  
Publicity/Membership Annamarie Barros 530-666-2298  
All-Sports Betty Cadwallader 530-662-1976  
Cabrillo Day Darlene DeAnda

### BOARD OF DIRECTORS

Arlene Amaral Annamarie Barros Richard Barros  
Betty Cadwallader Mary Ellen Lemos Darlene De Anda  
Dee Duncan John Perry Olga Silva  
Joe Silva Mamie Silva Maria Souza  
Joe Soares Vi Soares

Sunshine Mamie Silva 530-662-8866  
Civic Affairs Cindy Keisler  
State Director Annamarie Barros  
Historian Floyd & Elizabeth Kemper

### MEMBERSHIP:

We are looking forward to welcoming all members to our membership (sopas) dinner on March 20<sup>th</sup> at the Holy Rosary Community Center at 575 California St. Woodland. We are planning to have a "Spring Fling" and celebrate the 75<sup>th</sup> Anniversary of the Cabrillo Clubs of California. It is your party and will also include some great Scholarship Raising Activities. There will be an exciting array of Silent Auction items including beautiful hand-made knitted items, jewelry collections, a cross section of wonderful wines, beautiful baskets, homemade goodies and gift cards to your favorite restaurants and shops to name a few. This will be followed by a raffle of fascinating gifts.

The highlight of the evening, however, will be an oral auction of three very different items. The first is a beautiful hand made doll, dressed in red, white and blue, sitting on her own wicker rocking chair. The second is a collection of four different varieties of Mais Fica wine. The 3<sup>rd</sup> is a collectible-one of only 200 made by the owner of Vermont Teddy Bears for his first-born son. Named Bearcho, it is a replica of a cartoon figure by a cartoonist from the Washington Star that featured President Teddy Roosevelt with a bear cub. There is even a copy of Volume 1 of the Bear Street Journal included. It is Bearcho's very own provenance.

You will find all the information on this event elsewhere in this newsletter. Just remember, if you renew by March 17, you will have a chance to win a \$25 cash drawing. You may send your 2010 dues to me at 948 W. Cross St. Woodland, 95695. Dues remain at \$15.

MEMBERSHIP COORDINATOR; Annamarie Barros

Vi Soares – Editor 530-662-5853 [vsoares@att.net](mailto:vsoares@att.net)  
Stephanie Soares-Pacheco - Co-Editor

If you change your email, please let me know.

## **CIVIC AFFAIRS:**

It's been a great year as your Civic Affairs Chair! I have learned so much about the great membership of the Cabrillo Club this past twelve months. Your donations of time to churches, schools, youth organizations, social service clubs and local community groups are astounding. It really shows the compassion and dedication our members shower on their communities and the residents.

Unfortunately, I won't be continuing in this role. I have been appointed to the 2<sup>nd</sup> vice-president position and accepted responsibility for preparation of the 2010 president's book. Fortunately, Cindy Keisler has agreed to become the new Civic Affairs Chair.

I am sure you will be very helpful to Cindy and provide volunteer hours in a timely and complete manner. I know there are even more hours going unrecorded from our members. Please drop Cindy a note, be it email, phone or physical mail to let her know the hours you've donated during the month or quarter. This really helps our club's standing with the state organization and provides a good representation of our member's participation in their communities. Let's show the rest of the State that Yolo County Cabrillo Club members really do care about their communities and their residents. Right now we aren't even registering as state participants in this project area.

I encourage all of you who have yet to participate to do so soon. The current time period ends the end of March, so please track your time and provide it to Cindy by late March.

You may contact Cindy by phoning her at (916) 216-8552, emailing her at [ckeisl@yahoo.com](mailto:ckeisl@yahoo.com) or mail your volunteer hours to 610 Fourth St. Woodland, Ca. 95695.

Elizabeth Castro Kemper, 2<sup>nd</sup> Vice-President

## **Scholarship:**

Our first 2010 Scholarship event will be a Cioppino Dinner on Saturday, February 27<sup>th</sup> at Tumulty Parish Hall. I will report on it next month. Our 2<sup>nd</sup> fund-raiser for our Scholarships will be the Silent Auction at the MEMBERSHIP SOPAS DINNER on March 20<sup>th</sup>. Hope to see many of you there.

Arlene Amaral, Scholarship Chair. 260 W. Court Street #50, Woodland, Ca, 95695 (530) 662-0377.

## **Sunshine Club:**

Get-well cards were sent to Isabel Bettencourt, Darlene DeAnda, Mary Ellen Lemos and Gerry Goulart. Sympathy cards were sent to Richard Barros on the loss of his sister, to Bill & Charlotte Wilson on the loss of their son who was also the nephew of Harland & Rose Banninger.

## **AMERICANIZATION:**

Eleven USPS boxes, loaded with Valentine goodies, were mailed out to Battle Company in Iraq. We included enough books for each soldier to have one. There is a signed Valentine in all the books for them and a label thanking them for their service from the Cabrillo Club #26. We also included dental supplies provided by Dr. Scott Vinson of Woodland. We received Sunday comics, magazines and game books from friends and Club members to help with our project. Treats, both salty and sweet were added as special tokens of our respect and appreciation for their service. Typically, these shipments have been taking 7-10 days to arrive at their destination.

Elizabeth Kemper – 2<sup>nd</sup> Vice President

A thank-you letter was received on behalf of the patients, staff and volunteers at VA Northern California Health Care System for the club's donations of gift items as noted by Elizabeth above during the holidays. We are preparing to send a Valentine Day's special treat for our veterans again.

Darlene De Anda - Americanization Chairman



# Monthly Cabrillo Meetings

1<sup>st</sup> Monday of every month except September

March 7	Crab Feed	Sacramento Club #5
March 20	Membership Sopas Dinner	Community Center
March 28	Bake Sale	Tumulty Hall
April 15-17	State Board Meeting	Tulare
April 25	Linguica Breakfast	Tumulty Hall

## MARCH BIRTHDAYS

- |                       |                          |
|-----------------------|--------------------------|
| 2 John A. Alves       | 3 Tiffanie Silva         |
| 3 Phyllis Oldham      | 4 Shaari Bowman          |
| 5 Angela Gonzales     | 5 Samatha Kemper         |
| 5 Bertie Rudorf       | 6 Mike Montero           |
| 6 Kim Soares-Webb     | 7 Jim Coelho             |
| 7 Francis Silveira    | 7 Lorrain Rocha-Brownell |
| 8 Margaret DeAnda     | 8 Terri Chapin           |
| 9 David Gadbois       | 10 Carmen Tafoya         |
| 10 Edward Ramos       | 11 Joanne Danielson      |
| 11 Rose Pruitt        | 12 Barbara Baker         |
| 12 Marie Berriman     | 12 James Crechriou       |
| 13 Anita Amaral       | 13 Cynthia Lopez         |
| 13 Patricia Dinwiddle | 14 Annamarie Barros      |
| 14 Greg Alves         | 16 Deanna Gaither        |
| 16 Sean McFadden      | 19 Ana Contreras         |
| 20 Roxanne Schepens   | 20 Duane Kugelman        |
| 21 Lisa Washburn      | 22 Ralph Neves Jr.       |
| 22 Kim Fraiser        | 23 Jim Bohon             |
| 23 Lance DeAnda       | 24 Laura Dutch           |
| 25 Trudy McAnally     | 27 Edna Freitas          |
| 27 Richard Gould      | 27 Steve Amaral          |
| 28 John Pimentel      | 28 Michelle Murphy       |
| 28 Charles Kelly      | 28 Frank Kelly           |
| 29 Olga Silva         | 29 Stella Tafoya         |
| 30 Daniel B.Alves     | 31 Scott Soares          |
| ? Kathy Rodriguez     |                          |



If we've inadvertently omitted a March Birthday, please let me know. Vi Soares.

## TRIVIA



1. How many ribs does man have?
2. A baby kangaroo is called a joey. What are its parents called?
3. How many eyes do most spiders have?
4. What planet is most like earth in size, mass, density and gravity?
5. Where are sea horses hatched?

## DESSERTS

March	Marianna Paris	June	Dee Duncan & Lorna Souza	Sept.	Mamie & Joe Silva
April	Debbie Baker	July	Betty Cadwallader	Oct.	Vi & Joe Soares
May	Maria Souza	Aug.	Terri White	Nov.	Arlene Amaral
				Dec.	Annamarie & Richard Barros



# Think Green



A bright idea! Switch to compact fluorescent light bulbs (CFLs).  
Purchase an energy-efficient refrigerator!  
Place a "No Junk Mail" sticker on your mailbox!



## ANSWERS TO TRIVIA

1. Twenty-four.
2. Mom's a flyer; Dad a boomer.
3. Eight.
4. Venus.
5. In a pouch on the male parent's belly. Eggs are deposited there by the female.

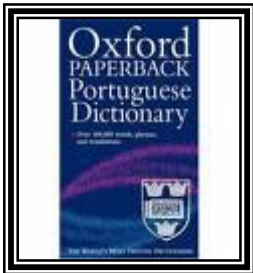


## 50/50 Raffle Donations

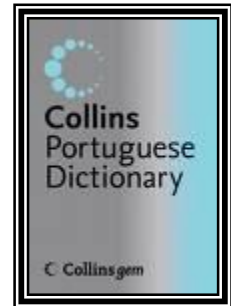
Elizabeth Kemper for \$32.  
Softball Sponsorship \$350.



## PORTUGUESE PHRASES



How do you do?	Muito prazer?
I speak very little Portuguese.	Falo pouco português.
My uncle, my aunt.	Meu tio, minha tia.
Please come in.	Faz favor de entrar.
Is he at home?	Está em casa?



# TWICE AROUND

## TOOTH PASTE:

Prevent fogged goggles: Coat the goggles with toothpaste then wipe them off.

Put a little toothpaste on an old toothbrush & use it to polish your jewelry, wipe off with damp cloth.

Clean your clothes iron. Apply the toothpaste to the cool iron, scrub with a rag, then rinse clean.



### Wisdom Made In America:

Reason often makes mistakes, but conscience never does. -----Josh Billings  
Wisdom is knowing what to overlook. ----- William James  
A man is not old until regrets take the place of dreams.-----John Barrymore



### Kind Words ...Softly Spoken

Speak kind words and you will hear kind echoes.  
Forget injuries, never forget kindnesses.-----Confucius

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## **BROCCOLI WITH RICE (Arroz de grelos)**



1 cup rice	1 tomato, peeled & cut
2 cups water	½ onion, minced
1 tbsp. olive oil	1 cup broccoli & carrots, cut into pieces
salt to taste	

In a saucepan, heat oil, sauté onion, add tomato, cook a little, then add the broccoli & carrots, water and salt. Bring to a boil. Add rice, stir, cover and simmer for about 15 to 20 minutes. Turn off the burner and wait 10 minutes before serving. Serve with meat or fish. Serves about 4 people.

## **FAVA BEAN SOUP (Sopa de fava)**

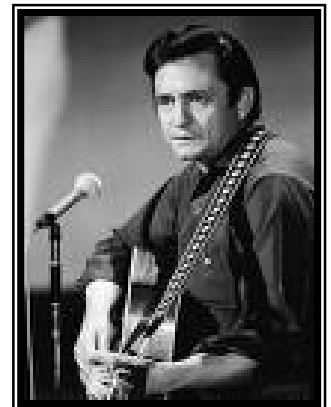


4 cups water	1 cup turnip greens, cut
2 cups fava beans, peeled & shelled	
1 potato, diced	1 tbsp. olive oil
salt to taste	½ onion, diced

Shell fava beans, remove white skin & cut in half. Bring water, oil, onion & salt to a boil, add beans and cook. Press fava beans through a sieve and return to heat, bring to a boil. Add hot water if necessary. Add greens & potato. Cook until tender. Serve hot with Portuguese corn bread. Serves 3 to 4.

### WHO AM I?

- My name is “money”
- I worked as a door-to-door salesman before trying music.
- I discovered Merle Haggard in San Quentin.
- Can you see me surrounded by a Ring of Fire?
- I am “the man in black”



# MEMBERSHIP ( Sopas ) DINNER

HOLY ROSARY COMMUNITY CENTER – 575 California St.  
Saturday, March 20, 2010

Doors open at 5:30  
DINNER 7:00p.m.  
COST \$15.00  
PAID-UP MEMBERS ARE FREE



**MENU: Sopas, Potato salad, Green salad,  
COFFEE & DESSERT**

**Silent Auction  
and Raffle**



Members, please bring a raffle prize and/or a dessert.

**FOR RESERVATIONS CALL:**

**Elizabeth Kemper (530) 383-1648 or (530) 666-4059**

All paid up members still need to make reservations. We want to be prepared with the set up of tables and food.

## **Galo de Barcelos is the national symbol of Portugal**

Symbolizes honesty, integrity, trust and honor.

### **The Legend of the Portuguese Rooster:**

The inhabitants of a village were quite alarmed with a crime, and this all the more because they could not discover the criminal. One day appeared an outsider who became suspect at once.

The authorities resolved to seize him and in spite of all his oaths of innocence nobody believed him. No one thought it credible that the man was on his way to worship a well-known saint in a nearby town, St. Tiago. Finally he was condemned to death by hanging. As a last request before his execution, he asked to be brought once more into the presence of the judge who had condemned him. The request was granted and they lead him to the residence of the magistrate, who was just banqueting with some friends. The convicted man declared again his innocence and in the presence of the guests, he pointed to a roasted rooster on the table exclaiming: "My innocence is as certain as the roasted rooster will crow, if I should be hung" Everybody laughed at him, but nobody dared to touch the rooster.



However what seemed impossible, became reality. When the man was to be hung, in that very moment the roasted rooster stood up on the table and began crowing. Nobody doubted any more the innocence of the condemned man. They hurried to the gibbet and saw the poor man with the rope around his neck. But a free knot had avoided his suffocation. Immediately set free, the man went away in peace.



The Lord has indeed spoken; the judge said in awe, and rising to his feet, he proclaimed, "Let this be a lesson to each of us never to sit in quick judgment of our fellow man. The rooster, henceforth, shall be a reminder to us and to our children after us. So shall it be in our land forever!"

To this day the Galo de Barcelos is the national symbol of honesty.

Some years later, he returned again to Barcelos and built a monument in praise of St. Tiago and the Holy Virgin.