

# Sacramento Cabrillo News

## March/Março 2012

President: Gui Sequeira  
Secretary: JoAnn Novey

1<sup>st</sup> Vice President: Wesley Silva  
Treasurer: Ken Costa

2<sup>nd</sup> Vice President: Marion Porter  
Marshall: Marilyn Kochis

Board Members: Wendy Baker, Scott Costa, Bob & Betty Dias, Annabelle Fowles, Mary Dal Porto, Michael & Lisa Gavin, DeAnna Gesdahl, Nancy Graham, Dorothy Grijalva, Jackie Kuehl, Rita Macias, Janet McKay, Rachel Tatro, Steven Wittmann and Patty Wohl

Monthly Newsletter of the Cabrillo Civic Club #5 (Sacramento), PO Box 189280, Sacramento, CA 95818

### Upcoming Events March—April 2012

#### March 3, 2012

Crab Feed, Cocktails 6 pm, Dinner 7 pm Ken Costa, Wesley Silva, Gui Sequeira & DeAnna Gesdahl chairpersons

#### March 18, 2012

All Sports for Cancer fundraiser: Bowling 12:30-3:00 pm, Land Park Bowl, Rachel Tatro chairperson

#### April 10, 2012

Board Meeting 6:30 pm, Steve Wittmann Refreshments

#### April 15, 2012

Portuguese Breakfast 8-11:30 am

#### April 26-28, 2012

Scholarship Screening, State Board Meeting, Visalia

### Sunshine

Get Well to Mary Fisher

Please let Marion Azevedo Porter know if someone needs a bit of sunshine 916.421-2587.

### March Birthdays

March 2 Evelyn August, Evelyn Santos-Griffiths, & George Soares

March 3 Aly Even

March 6 Ken Macias

March 13 Marilyn Kochis

March 14 Annamarie Barros

March 15 Camilo Cervantes

March 17 Viola Peters

March 22 Ralph Nevis

March 23 Wendy Baker

March 27 Joseph Donaldson Jr.

March 30 Phyllis Oldham

March 31 Shirley Mohamed

### Presidents Message – Gui Sequeira

Dear Friends,  
I hope that you are all doing well and enjoying our beautiful weather.

It was nice to see some of you at the Valentine's dinner; for those who couldn't make it due to illness I hope you are now feeling better. We had a good group of people and enjoyed the evening with excellent food cooked by our very own CHEFS, Scott Costa and Janet McKay. They worked very hard to make sure that everything was just perfect, and it was. We also enjoyed a great variety of delicious appetizers brought in from our dedicated friends along with a good selection of raffle prizes. My sincere thanks to all.

Coming up on March 3th, is one of our major fundraisers, the Crab Feed. If you are not able to attend, but know of a friend who would, please put them in touch with DeAnna Gesdahl, at 916-760-7474. Raffle prizes are also appreciated.

At our last board meeting we finally came to a decision with regard to the storage shed. After evaluating the costs of demolition and buying a new shed versus fixing the old one we opted to fix. We chose the lowest of three bids and hopefully should have the contractor working very soon.

Summer is coming and we need to have the yard clean. So please come and help: May 12<sup>th</sup> is our annual Clubhouse workday from 9 am until Noon, followed by a picnic lunch in the backyard.

I'm looking forward to seeing you at the Crab Feed and, guess what, this time I'm the one in the kitchen.

Stay well.  
Gui



**Our Cabrillo Clubhouse**

### Correcting the record...

Last month we incorrectly identified the benefactor of a portable chair rack for the clubhouse. Thanks go to Roger Valine for this very helpful devise. We used the rack for our Valentine Dinner and it made chair set-up and breakdown so much easier. Thank you Roger.

## All Sports For Cancer Events

### – Rachel Tatro

Get out those bowling shoes and polish up that ball!! "Strikes Against Cancer", an All Sports event will be held 12:30 to 3 pm on Saturday, March 17th at Land Park Bowl. It will benefit the Sacramento Chapter of the American Cancer Society.

Thirty dollars (\$30) per person gets you two (2) hours of bowling fun, shoe rental, pizza and soda. Prizes, too!! Sign up by March 10th with either Rachel Tatro (916-568-1301) or Steve Wittmann (916-444-5209).

If you are unable to attend/participate, you may sponsor a bowler at 5, 10, or 25 cents a pin or mail a donation to:

Cabrillo Club #5 – All Sports  
P.O. Box 1892801  
Sacramento CA 9581

## Americanization

### – Rachel Tatro

The monthly naturalization ceremony has been replaced with a number of smaller ceremonies that will be held at the immigration office. This has decreased the need for volunteers at the ceremonies. This will allow us, Club #5, to spend more time in other areas. Many of us support and belong to local veteran and historical groups. Be sure to let me know about these activities, include a photo, if possible.

Many of us fly a flag, have a decal on our car or otherwise promote patriotism and salute the Portuguese culture in America. Let's share these ideas and practices. Let me know what you do. Contact me at 916.568-1301 or [rachelatatro@sbcglobal.net](mailto:rachelatatro@sbcglobal.net), hoping to hear from you.

## Civic Affairs

### – Ken Costa

The Civic Affairs program encourages activities of local Clubs and fellow Cabrillians in giving back to our communities. We take great pride in community service and give countless hours in community service in churches, hospitals, schools, civic and fraternal organizations or helping out a neighbor. Not only do members volunteer directly you also participate in our Club's fundraising activities for charities.

It is important to obtain the data on how we are doing in many years on a statewide basis we have accomplished over 130,000 volunteer hours and over \$100,000 in charitable donations. Sacramento Club #5 desires to be a big part of that effort and are not only dependent on your community service, but are dependent on you telling the Civic Affairs chair of what your activity was and how much time did you contribute. So please either call, email or write and provide your monthly hours and activities or questions to:

Ken Costa  
1784 S. Chateau Fresno Ave  
Fresno, CA 93706  
[kencfresno@aol.com](mailto:kencfresno@aol.com)  
559-264-5492



## Donations

### – Ken Costa

*Generous donations were recently received from:*  
Chuck & Odette Ebersole, Lisa & Michael Gavin, Betty King, Wesley Silva, Rachel Tatro, and Donalda & Tony Vargas

Cabrillo Civic Club #5 has made donations to:

Luso American Youth Council #4 and the California American Portuguese Veterans War Memorial

## 2012 Membership Renewal

### – Scott Costa

The Board of Directors decided to maintain our membership **dues at \$15.00 per person** for the year.

**Please forward your dues, payable to Cabrillo Civic Club No. 5 to:**

**Scott Costa  
1784 S. Chateau Fresno  
Fresno, CA 93706**

## Scholarship Report

### – Sue Petzold

Scholarship season is here. The 2012 applications are available at all Sacramento area school and at [www.cabrilocivicclubs.org/scholarship.asp](http://www.cabrilocivicclubs.org/scholarship.asp).

Each applicant must be of Portuguese descent, have a grade point average of 3.5, and participated in three extracurricular activities. Applications need to include an official transcript and three letters of recommendation.

If anyone needs help, please call Sue Petzold at 916-967-7666. Dead line for postmark is March 15, 2012.

## Beans & Linguica Dinner – PHCS Scholarship Fund

The Portuguese Historical and Cultural Society is holding the 16<sup>th</sup> Annual Portuguese Beans and Linguica Dinner on Saturday, March 17<sup>th</sup> at the St. Elizabeth Church Hall, 12<sup>th</sup> & S Streets, Sacramento.

Contact Ralph Nevis at 916.421-7161 for tickets and information.

# Cabrillo News Wrap

*This seems like something to have on our still chilly mornings.*

*from allrecipes.com*

## Portuguese Custard Tarts - Pastéis de Nata



### Ingredients

- 1 cup milk
- 3 tablespoons cornstarch
- ½ vanilla bean
- 1 cup white sugar
- 6 egg yolks
- 1 (17.5 ounce) package frozen puff pastry, thawed

### Directions

1. Preheat oven to 375 degrees F (190 degrees C.) Lightly grease 12 muffin cups and line bottom and sides with puff pastry.

2. In a saucepan, combine milk, cornstarch, sugar and vanilla. Cook, stirring constantly, until mixture thickens. Place egg yolks in a medium bowl. Slowly whisk 1/2 cup of hot milk mixture into egg yolks. Gradually add egg yolk mixture back to remaining milk mixture, whisking constantly. Cook, stirring constantly, for 5 minutes, or until thickened. Remove vanilla bean.

3. Fill pastry-lined muffin cups with mixture and bake in preheated oven for 20 minutes, or until crust is golden brown and filling is lightly browned on top.



### Newsletter information

For changes of address (or any other corrections) contact Steve at: [stevewittmann@me.com](mailto:stevewittmann@me.com) or by phone at 916.444-5209

## Reporting Your Civic Affairs Hours

We know you are helping out others all the time. So what are some of the volunteer activities that can be counted?

- Caring for seniors, the sick or ailing, visiting those who can't get out, or caring for children (*as long as they are not your relatives or Cabrillians*)
- Volunteer work for other organizations (*non-paid*)

To report your hours, list the organization or individual, the activity you performed, and the total hours, with dates, and of course your name.

Send this information to:

Ken Costa  
1784 South Chateau, Fresno,  
CA 93706

or e-mail it to:

[kencfresno@aol.com](mailto:kencfresno@aol.com)

or call Ken at 559.264-5492

